



**LAS VEGAS  
SURGICAL  
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**Patient:** \_\_\_\_\_ **DOB:** \_\_\_\_\_

**Surgery is scheduled for** \_\_\_\_\_ **Post Op Appt scheduled for** \_\_\_\_\_

Post op instructions for Trivex (Stab Phlebectomy)

1. The ace bandage wrap from the hospital may be falling off or too loose within 24 hours; please take off and re-wrap your legs. Three (3) days after the procedure you are able to wear your compression stocking; if your legs are too sensitive to touch spandex can be worn.

The incision(s) will have bruising over the skin. If so, there may be some bleeding, you may place a band aid over the incision(s).

2. You can shower. Let water and soap run over the incision. Do not scrub or submerge in water. Pad dry after shower. No lotion on the incision(s).
3. No bath tub, swimming pool or beach, etc until cleared.
4. No heavy lifting, pushing or pulling over 10 lb until seen at the post op visit.
5. You should have a post op appointment for 2 weeks after the surgery. If you don't have one, call the office to schedule for one.
6. Call the office with any questions or concerns including redness or fever >101, severe pain not relieved with pain medication.

If you have any questions, please call my office at 702-258-7788 and ask for Melanie, medical assistant.